

## Food and clothing banks in Aberdeen

Contact Details	Opening Times	Support provided
<b>CFINE</b> 4 Poynerock Road Phone 01224 596156	Monday to Friday 9am – 3.45pm	Provide food and support for people facing hardship and those with disabilities.
<b>Bethany Christian Trust</b> Lighthouse Project Hayton Road, Tillydrone Phone 01224 647677	Please phone for details.	Provide food parcels for those in need.
<b>St Vincent de Paul Society</b> St Mary's Cathedral Huntly Street, Aberdeen Phone 01224 640160	Please phone for details.	Food and clothing.
<b>Integrate City Church</b> 49 Gilcomston Park Phone 01224 646424	Tuesday 12-2pm (Women only) Thursday 10-12pm (Men only) Sunday 11.30am (ask at the service if you need help).	Help and support for those experiencing financial hardship or social isolation.
<b>The Cyrenians</b> 62 Summer Street Phone 01224 625732	Please call to arrange a visit.	Support for those experiencing financial crisis or hardship. Food and clothes available.
<b>Instant Neighbour</b> 5 St Machar Drive Phone 01224 489955	Please call to arrange a visit.	Food parcels and low cost furniture.
<b>The Salvation Army Citadel</b> Castlegate Phone 01224 579370	Monday 11am – 1pm Friday 6.30 – 8pm	Food and other support.
<b>Somebody Cares</b> 80 Summerhill Road Phone 01224 200197	Please ask a social worker / support worker etc. to refer you.	Food parcels, toys, clothes and furniture.
<b>Scottish Welfare Fund</b> Phone 08000 304713	Call Monday to Friday 8am to 5pm or apply online.  Telephones and computers are available at Marischal College, Monday to Friday 8:30am to 5:30pm.	Food vouchers / cash for help with food and electricity costs in a crisis situation. Furniture is available for people resettling in the community. Please note you will only receive one award in any 28 day period.
<b>Lovebridge Community Church</b> Manor Park Learning Centre Danestone Circle Aberdeen AB16 7YB Phone 01224 049184	Tuesday 6pm – 7:15pm Sunday 10.30am – 1.30pm  Please call 01224 049184 any time for information and support.	Food and clothing parcels. Assistance for anyone experiencing social/financial hardship, isolation or requiring pastoral care.